

From our Board of Directors

Our Golden Valley Community Foundation is reflecting back on the impact our donors make in this wonderful community. Since 2011, our donors have given more than **\$420,000** back to the community through grants, programs and other donations. The *GVCF Impact Report* highlights just a fraction of that impact. Your support has enabled this work and it's what has brought us this far.

GVCF wants to do more, and we can with your help. Our goal at the Golden Valley Community Foundation is to continue to enhance our community, ensuring each generation leaves it a little better. We want to build a lasting legacy.

For our tenth anniversary, we've set an ambitious goal: Raise \$202,020 in 2020 to invest in our community.

Imagine all the good we can accomplish together!

The beauty of a community foundation is that YOU – our friends and neighbors – determine how the foundation's money is invested. You choose the legacy you want to build.

Our fundraising goal may seem like a big number, but if each person in Golden Valley gave even \$10, we would exceed the goal. We're counting on all of you to help us reach this goal and **build a lasting legacy**.

So, how much will you give to invest in Golden Valley? What is your local legacy? Visit **GVCFoundation.org**, scan the QR code with your smartphone, or TEXT "GVCF" to 484848 to find a donation that works for you.

We can't wait to hear from you!

Dean Penk (Chair) John Kluchka

John Marshall (Vice Chair) Helene Johnson

Linda Loomis (Treasurer) Derek Anders-Turner

Ellie Lewis (Secretary) John Richardson

Aaron Streeter





Local Impact

(as of October 2019)



GV Pride Festival 5000+



Arts & Music **Festival** 5000+



Volunteer Fair 200+



Sustainability Day 500+

10,000+ community member engaged community members \@^@^@^@^@^@^@^@^@



Supporting our community is so important to us. When our upcoming retirement investments allowed us to support even more non profits, we set up our Donor Advised Fund with GVCF. Keeping the money in Golden Valley is significant to us and the activities and organizations GVCF supports are vital to our community.

Steve and Rita Pesavento

Our grants support:











community education sustainability

health

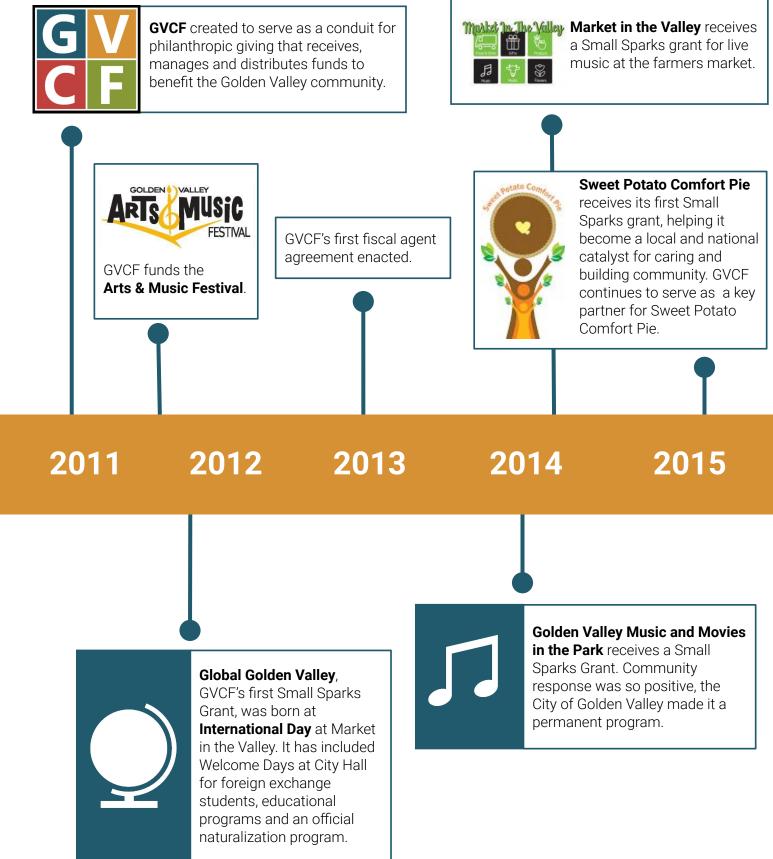
arts



I know the positive impact GVCF has made in Golden Valley with community grants your work for our community. Keep up the good work!

Peggy Leppik

Highlights in GVCF History



Room&Board

Sustainability Day during the fall **Market in the Valley** grows out of a generous grant from Room & Board to GVCF, bringing together 10 local vendors to highlight sustainability in Golden Valley.



Golden Valley Arts becomes an official program of GVCF, to serve and respond to the needs of local artists, arts organizations and residents through diverse channels, each with a significant impact on the quality of life in Golden Valley.

Raise \$202,020 to invest in Golden Valley.



2016 2017

2018

2019

2020



Golden Valley Pride

hosts it first annual Pride Festival, with support from GVCF as its **fiscal sponsor**.



Schaper Park, Minnesota's first outdoor fitness challenge course, supported by generous donors, nonprofits, and GVCF

financial services.



GVCF celebrates 10th anniversary



GVCF hosts first Golden Valley **Volunteer Fair**, connecting volunteers to opportunities in the community.

Community Impact through Small

2019 SEA School Science Fair



Science, technology, engineering and math (STEM) are critical skills that children of today need in ways that previous generations did not. Careers in STEM are projected to grow by 13% by the year 2020.

The School of Engineering and Arts (SEA) in Golden Valley understands that building STEM skills in today's children is critical. That's why the SEA requested a \$1,000 Small Sparks grant to support a Mad Science program. The grant enabled SEA to create three Mad Science stations at their spring carnival in May 2019.

At each booth, children were able to conduct a variety of science experiments – totaling 550 science experiments throughout the course of the event. The support of GVCF provided a fun way for students to engage in science in new ways outside of the classroom.

A look back on Small Sparks Grants' impact:

- 2012 Ice Cream Social. GVCF's financial support enhanced Music in the Park with ice cream, encouraging attendees of all ages.
- 2013 Music at Market in the Valley. Small Sparks brought live music to the Market in the Valley, becoming a Sunday staple for the community.
- **2014 Artful Aging.** Small Sparks enabled Covenant Village to bring visual arts, creative movement, storytelling and theater to the senior community.
- **2015 Sweet Potato Comfort Pie.** Small Sparks helped Rose McGee create a catalyst for caring and building community.
- 2016 Golden Valley Pride Festival. Small Sparks served as a springboard for the Golden Valley Pride Festival to become an annual community tradition.
- **2017 Twin Town Troubadours.** Small Sparks brought live, interactive music for children and adults of all ages to Brookview Golden Valley.
- 2018 Sweet Potato Comfort Pie Planning. Small Sparks helped program leaders elevate the MLK Jr. Day event in celebration of Dr. King's 90th birthday.
- **2019 Master Servant film.** Small Sparks enabled a Golden Valley film director to bring her historically-inspired vision to the big screen.

Sparks Grants

2019 Meadowbrook Calming Corner

Last fall, the first grade teachers at Meadowbrook Elementary School in Golden Valley, along with the guidance counselor and school social worker, teamed up to focus on helping first graders learn critical self-regulation skills. In their jobs, they see children every day who have a hard time regulating their emotions for a wide variety of reasons; students may feel tired, hungry, overly-excited after



playing outside, or any number of other emotions. And though the root causes may be different, one thing is consistent: kids who have a hard time self-regulating have a hard time learning. And the Meadowbrook first grade teachers wanted to help their students be even more successful in school.

In addition to using a trusted curriculum (The Zones of Regulation) to help students learn about their emotions, the teachers wanted other tools. Madeline Conrad, the school's social worker, had worked with kindergarten teachers at another Hopkins school to create Calming Corners in their classrooms. And, she saw first-hand the benefits of a designated calming space and some well-placed tools in helping kids get into the right zone to be ready to learn.

So the first grade teachers reached out to the Golden Valley Community Foundation (GVCF) for a Small Sparks grant to help build out and stock up their Calming Corners. With just \$1,000 from GVCF, and an additional grant from the Meadowbrook Parent Teacher Organization (PTO), they were able to do just that. Now each first grade classroom has its own Calming Corner, stocked with things like weighted blankets, stretchy bands, noise cancelling headphones, beads, theraputty and more.



When children notice they are having a hard time getting into the right zone, they can go to the Calming Corner and choose a tool that will help them self-regulate. Madeline says the students love the space. "It gives them a sense that they can have more control over their emotions and that they can do things to change how they are feeling." The kids tell her things like, "It helps me when I feel frustrated to take a couple minutes break" or "I don't know how we did it without it!" And teachers have told Madeline that kids come back and are ready to go, no matter how distracted they were.

The best part is it's not just helping the first graders; it's helping the entire school. The team was able to purchase enough supplies to create a Calming Room, where students in all grades can go when they need to help regulate their emotions. As the largest elementary school in the district, this opens up these tools and resources to almost 900 students. This is truly the case of a small idea "sparking" a big improvement in our community.

